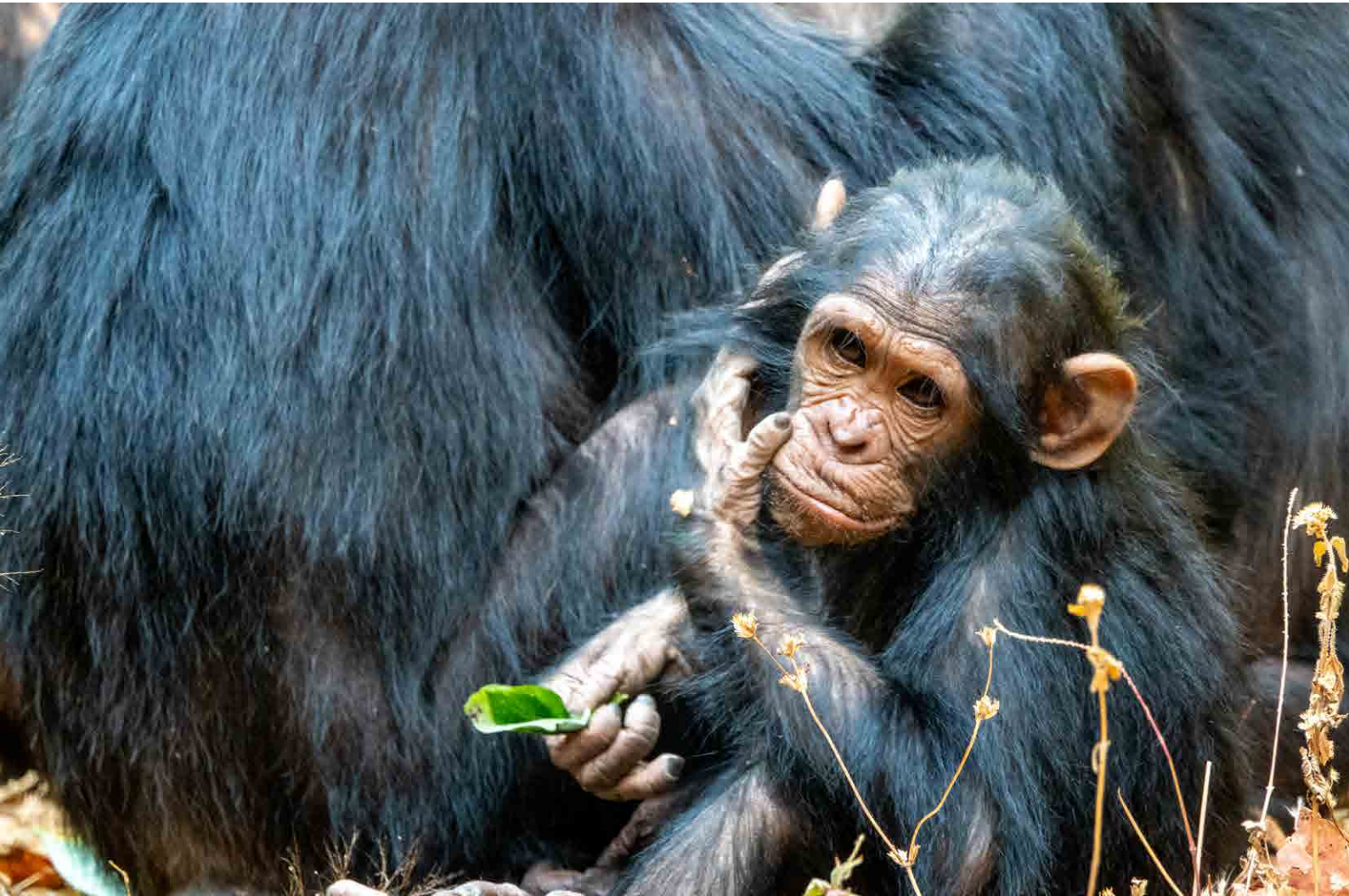


CHIMPS

Standing in a thousand year old forest, high above the banks of the second largest fresh-water lake in the world, watching baby chimps eat, play or sleep just a few metres away, will get your heart racing. It may even be the best day of your life!



THINGS YOU NEED TO KNOW!!!

- ❑ Wear in your footwear to prevent blisters.
- ❑ Test your boots are waterproof by stepping in a 2 - 3 inch deep puddle/bucket and spraying your boots for 1 minute.
- ❑ Disposable bottles are prohibited. Possession incurs a US\$5/day fine.
- ❑ Temperatures can vary from 20 - 35 degrees Celsius.
- ❑ Rain gear is recommended.
- ❑ If you are going to Gombe National Park, the only access is by boat from Kigoma. There is also only 1 flight per day to/from Kigoma.

PACKING LIST

All items that are not optional, should be brought from home as they are hard to buy/hire in East Africa. Click links for examples.

BODY WEAR

- ☐ 1 - 2 long hiking or yoga pant
- ☐ 1 - 2 long sleeve, breathable shirt

If you are a 'sweater', you may want a second shirt.

RAIN GEAR

- ☐ 1 waterproof jacket
- ☐ 1 waterproof pant (optional)
- ☐ 1 waterproof bag cover

Alternatively, a large poncho that covers your day bag.

BAGS

- ☐ [30 - 40L day pack](#) (carried by you; holds water, wet gear, lunch, snacks and personal items)

DRINKING

- ☐ Re-usable water [bottles](#) or [bladders](#) (2 - 3L)

FOOTWEAR

- ☐ 1 - 2 pairs of socks
- ☐ Runners or hiking boots

OTHER

- ☐ Swimmers
- ☐ Hat for sun protection
- ☐ Sunscreen
- ☐ Sunglasses
- ☐ Snacks
- ☐ Insect repellent
- ☐ Medications
- ☐ Sanitary items

OPTIONAL

- ☐ Camera (300mm zoom is preferable)
- ☐ [Dry bags](#) to keep clothing dry
- ☐ Microfibre towel
- ☐ Walking poles (recommended overweight or have difficulty walking for 4 - 6 hours)
- ☐ [Portable battery](#) to recharge your phone
- ☐ Snorkel equipment

